Weekly Home Reset

DAILY 10-MINUTE RHYTHM

- [ ] Clear kitchen counters
- [ ] Return items to their homes
- [ ] Wipe one high-use surface
- [ ] Reset sofa and cushions
- [ ] Prepare tomorrow's essentials
- [ ] Set aside rubbish or recycling

Weekly Home Reset

YOUR WEEKLY CHECKLIST

- [ ] MON: Entryway and shoes
- [ ] TUE: Kitchen surfaces and refrigerator check
- [ ] WED: Bathroom touchpoints
- [ ] THU: Bedroom bedding and floor
- [ ] FRI: Paperwork and clutter basket
- [ ] SAT: Laundry and storage
- [ ] SUN: Whole-home reset and weekly plan

Weekly Home Reset

WEEKLY NOTES

- [ ] One thing to declutter: _____
- [ ] Home supplies to restock: _____
- [ ] One task to postpone or delegate: _____
- [ ] Space that needs attention: _____
- [ ] My favorite moment at home this week: _____