30-Day Decluttering Planner

YOUR 30-DAY RESET

- [ ] Choose one 15-20 minute session each day
- [ ] Use four decisions: Keep / Donate / Recycle / Relocate
- [ ] Start with surfaces before drawers or cupboards
- [ ] Prepare one donation bag and one recycling bag
- [ ] Take before-and-after notes to track progress

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WEEK 1 - EVERYDAY SPACES

- [ ] Day 1: Entryway shoes
- [ ] Day 2: Entryway bags and coats
- [ ] Day 3: Living room surfaces
- [ ] Day 4: Sofa and textiles
- [ ] Day 5: Books and magazines
- [ ] Day 6: Paper and mail
- [ ] Day 7: Weekly review

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WEEK 2 - KITCHEN

- [ ] Day 8: Pantry shelf
- [ ] Day 9: Food storage containers
- [ ] Day 10: Mugs and glasses
- [ ] Day 11: Utensil drawer
- [ ] Day 12: Cleaning supplies
- [ ] Day 13: Fridge check
- [ ] Day 14: Weekly review

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WEEK 3 - BEDROOM AND BATHROOM

- [ ] Day 15: Nightstands
- [ ] Day 16: Everyday clothing
- [ ] Day 17: Seasonal clothing
- [ ] Day 18: Bedside drawer
- [ ] Day 19: Bathroom counter
- [ ] Day 20: Bathroom storage
- [ ] Day 21: Weekly review

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WEEK 4 - STORAGE AND ROUTINES

- [ ] Day 22: Linen closet
- [ ] Day 23: Utility drawer
- [ ] Day 24: Digital photos and files
- [ ] Day 25: Sentimental items
- [ ] Day 26: Donation drop-off
- [ ] Day 27: Storage labels
- [ ] Day 28: Whole-home walkthrough
- [ ] Day 29: Create a 10-minute reset routine
- [ ] Day 30: Celebrate and review

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KEEP IT WORKING

- [ ] My three clutter hotspots: _____
- [ ] _____
- [ ] My weekly reset time: _____
- [ ] Items to donate: _____
- [ ] Supplies I truly need: _____
- [ ] What worked best: _____